

## **Physician and nurse well-being and preferred interventions to address burnout in hospital practice: factors associated with turnover, outcomes, and patient safety.**

July 19, 2023

Aiken LH, Lasater KB, Sloane DM, et al. Physician and nurse well-being and preferred interventions to address burnout in hospital practice: factors associated with turnover, outcomes, and patient safety. JAMA Health Forum. 2023;4(7):e231809. doi:10.1001/jamahealthforum.2023.1809.

<https://psnet.ahrq.gov/issue/physician-and-nurse-well-being-and-preferred-interventions-address-burnout-hospital-practice>

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While the association between clinician [burnout](#) and patient safety are not [new](#), the [COVID-19](#) pandemic brought this safety concern back to the forefront. In this study conducted at 60 US [Magnet](#) hospitals, nurses and physicians reported high levels of burnout and rated their hospital unfavorably on patient safety. Increased nurse staffing was the top recommendation to reduce burnout with less emphasis on wellness and resilience programs.