

## Parents' understanding of medication at discharge and potential harm in children with medical complexity.

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Poor [health literacy](#) can [inhibit](#) patient or caregiver understanding of care instructions and [threaten](#) patient safety. This cross-sectional study of medically complex children treated at one academic hospital in Austria reveals that despite high levels of satisfaction with care, many caregivers do not understand medication management instructions at discharge. Misunderstandings were more likely to occur with higher numbers and/or new prescriptions, poor medication-related communication, and language or literacy [barriers](#).