

Addressing nursing shortages and patient safety using Maslow's hierarchy of needs.

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Nurse <u>burnout</u> and overwork are recognized motivators for nurse turnover. This article describes how applying Maslow's hierarchy of needs to healthcare can increase nurse retention and <u>reduce</u> burnout. Interventions include ensuring staff receive competitive compensation, work to the top of their <u>license</u>, and have opportunities for continuing professional development.