

## **Essential elements nurses have to address to promote a safe discharge in paediatrics: a systematic review and narrative synthesis.**

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Nurses play a significant role during [transitions of care](#), such as [discharge](#) from inpatient care to the home. Findings from this systematic review of 15 studies confirm the role of nurses in ensuring high-quality care and patient safety in [pediatric inpatient care](#). The review identified five essential elements that could be used in a checklist to ensure safe discharge to home – emergency management, physiological needs, medical device and medications management, and short-term and long-term management.