

Ensuring safe and equitable discharge: a quality improvement initiative for individuals with hypertensive disorders of pregnancy.

May 29, 2024

Zacherl KM, Sterrett EC, Hughes BL, et al. Ensuring safe and equitable discharge: a quality improvement initiative for individuals with hypertensive disorders of pregnancy. *BMJ Qual Saf.* 2024;33(6):396-405. doi:10.1136/bmjqs-2024-017173.

<https://psnet.ahrq.gov/issue/ensuring-safe-and-equitable-discharge-quality-improvement-initiative-individuals-hypertensive>

Pregnant patients with hypertensive disorders are at increased risk of [further complications](#). In this quality improvement project, a [multi-component intervention](#) including remote blood pressure monitoring was found to increase the rate of completed postpartum blood pressure checks among individuals with hypertensive disorders of pregnancy.