

Academic half day improves resident perception of education without compromising patient safety.

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Residency training is a [challenging experience](#), requiring residents to [balance](#) demanding educational requirements and clinical duties. This study explored whether implementation of an academic half-day (AHD) as part of residency training impacts education, patient safety, and workflow. AHDs offer protected time for education (without clinical duties) on specific days, providing both social and educational benefits. Survey data indicate positive changes in resident attitudes and experiences after AHD implementation. No negative impacts on patient safety were identified.