

From theory to policy in resilient health care: policy recommendations and lessons learnt from the Resilience in Healthcare Research Program.

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<https://psnet.ahrq.gov/issue/theory-policy-resilient-health-care-policy-recommendations-and-lessons-learnt-resilience>

[Resilient healthcare organizations](#) can [effectively](#) adapt to challenges and changes while delivering safe, high quality patient care. The Resilience in Healthcare (RiH) Research Program is a large-scale, multi-country study of resilience and [adaptive capacity](#) across different healthcare settings (i.e., hospitals, nursing homes, home care). In this paper, the authors share lessons learned and highlight several recommendations for policymakers to improve resilience in health care, including the role of patients and caregivers, creating a culture of collaborative learning, and the importance of [relational leadership](#).