

## Association between surgeon stress and major surgical complications.

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<https://psnet.ahrq.gov/issue/association-between-surgeon-stress-and-major-surgical-complications>

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[Stress](#) among surgeons is common and may be [associated](#) with surgical errors. This study tracked surgeons' stress using body-worn sensors during the first 5 minutes of surgery to explore the association between stress and postoperative complications. Interestingly, increased stress during the first 5 minutes of surgery was associated with reduced major surgical complications. There was no association with intensive care unit stay or mortality.